Hello, I'm Abbie your Study Skills Adviser.

Study Skills can help you develop a number of skills including; how to use Microsoft Office, presentation skills, tips on improving your time management and motivation, revision skills and poster and leaflet development.

You can access Study Skills in a number of ways. You can book a 1-2-1 session to go over a specific problem you are working on, you can book up to one hour of 1-2-1 support a week.

You can attend a Study Skills drop-in, Wednesday mornings 10am-11.30am, for quicker issues. Drop-in slots can last up to 15 minutes.

You can book on to a Study Skills workshop, these take place Wednesday afternoons and focus on a specific subject.

Or you can access a number of Study Skills resources 24hours a day on our Study Skills LibGuides page. Here you will find step-by-step guides on common issues, recommended books from out library and links to useful tutorials on Lynda.com.